

## ***RESOLUTION***

### ***Mental Health Awareness Month***

#### ***“Together for Mental Health”***

***WHEREAS, mental health is essential to everyone’s overall health and well-being; and***

***WHEREAS, all Americans face challenges in life that can impact their mental health; and***

***WHEREAS, prevention is an effective way to reduce the burden of mental health conditions; and***

***WHEREAS, there are practical tools that all people can use to improve their mental health and increase resiliency; and***

***WHEREAS, an estimated 1 in 20 U.S. adults experience a serious mental illness each year, and less than two-thirds of them receive treatment; and***

***WHEREAS, findings show 1 in 6 youths in the United States experience a mental health condition each year, and only half of them receive treatment; and***

***WHEREAS, with effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and***

***WHEREAS, each business, school, government agency, healthcare provider, organization and citizen share the burden of mental health problems and have a responsibility to promote mental wellness and support prevention efforts.***

***NOW THEREFORE BE IT RESOLVED that the Commissioners Court of Tarrant County does hereby recognize May 2022 as Mental Health Awareness Month in Tarrant County.***

***FURTHER, we call upon citizens, government agencies, public and private institutions, businesses, and schools to recommit our community to increasing awareness and understanding of mental health, including the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.***

***IN WITNESS WHEREOF, we have hereunto set our hands and caused the Seal of Tarrant County to be affixed this 10th day of May 2022.***